

**HOW TO
RECEIVE
GOD'S HELP**

PSALM 91

Psalm 91

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

2 I will say of the LORD, He is my refuge and my fortress: my God; in him will I trust.

3 Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence.

4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler.

Psalm 91 - continued

5 Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day;

6 Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday.

7 A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.

8 Only with thine eyes shalt thou behold and see the reward of the wicked.

9 Because thou hast made the LORD, which is my refuge, even the most High, thy habitation;

Psalm 91 - continued

11 For he shall give his angels charge over thee, to keep thee in all thy ways.

12 They shall bear thee up in their hands, lest thou dash thy foot against a stone.

13 Thou shalt tread upon the lion and adder: the young lion and the dragon shalt thou trample under feet.

14 Because he hath set his love upon me, therefore will I deliver him: I will set him on high, because he hath known my name.

15 He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honour him.

16 With long life will I satisfy him, and shew him my salvation.

Introduction

- A. Many examples of those delivered in the Bible**
 - 1. David – From the paw of the lion and bear
(1 Samuel 17:37)**
 - 2. The three Hebrew children from the furnace
(Daniel 3:27)**
 - 3. Daniel in the lion's den (Daniel 6:22)**
 - 4. The Apostles (Acts 5:18-19)**
 - 5. Peter from prison (Acts 12:7)**
 - 6. Paul and Silas from prison (Acts 16:28)**
 - 7. Paul and those in the shipwreck (Acts 27:44)**

Introduction

**B. We should be encouraged that deliverance is available
(v 14)**

2 Peter 2:9

The Lord knoweth how to deliver the godly out of temptations, and to reserve the unjust unto the day of judgment to be punished:

Introduction

C. We need to ask for help

Psalm 34:6

This poor man cried, and the LORD heard him, and saved him out of all his troubles.

Psalm 46:1

God is our refuge and strength, a very present help in trouble.

I. God's Presence (v 1)

A. Fellowship awaits us in the presence of God.

John 1:12

But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name:

B. Safety exists in God's presence

Psalm 4:8

I will both lay me down in peace, and sleep: for thou, LORD, only makest me dwell in safety.

I. God's Presence (v 1)

C. We should practice God's presence

Hebrews 13:5

Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.

II. God's Power (vv 2-4)

A. God is omnipotent

John 1:3

All things were made by him; and without him was not any thing made that was made.

Psalm 19:1

The heavens declare the glory of God; and the firmament sheweth his handywork.

II. God's Power (vv 2-4)

B. He is abundantly able to meet all our needs

Proverbs 21:1

The king's heart is in the hand of the LORD, as the rivers of water: he turneth it whithersoever he will.

C. He can keep us secure in Him

2 Timothy 1:12

For the which cause I also suffer these things: nevertheless I am not ashamed: for I know whom I have believed, and am persuaded that he is able to keep that which I have committed unto him against that day.

III. God's Providence (vv 5-8)

A. Providence means “the act of providing”

Psalm 115:12

The LORD hath been mindful of us: he will bless us; he will bless the house of Israel; he will bless the house of Aaron.

III. God's Providence (vv 5-8)

B. God provides an escape from trial and temptation

1 Corinthians 10:13

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

C. He is always there

Hebrews 13:8

Jesus Christ the same yesterday, and to day, and for ever.

IV. God's Protection (vv 10-11)

A. Distance is no problem with God

Psalm 139:7-10

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.

9 If I take the wings of the morning, and dwell in the uttermost parts of the sea;

10 Even there shall thy hand lead me, and thy right hand shall hold me.

IV. God's Protection (vv 10-11)

B. As we pray He reaches down to protect

Hebrews 13:6

So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

2 Timothy 4:18

And the Lord shall deliver me from every evil work, and will preserve me unto his heavenly kingdom: to whom be glory for ever and ever. Amen.

V. God's Promises (vv 14-16)

A. The promises of God are great and many

2 Peter 2:4

Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust.

V. God's Promises (vv 14-16)

B. They cannot fail because God cannot fail

2 Corinthians 1:20

For all the promises of God in him are yea, and in him Amen, unto the glory of God by us.

Romans 4:21

And being fully persuaded that, what he had promised, he was able also to perform.

V. God's Promises (vv 14-16)

C. We can claim His promises only as we meet his condition in setting “our love on” Him. (v 14)

Hebrews 10:23

Let us hold fast the profession of our faith without wavering; (for he is faithful that promised;)

Need Help?

God Can Help