

**WHAT TO DO
WITH
LIFE'S CARES**

1 PETER 5:6-10

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6 Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:

7 Casting all your care upon him; for he careth for you.

8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:

9 Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.

10 But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you.

Introduction

A. The encouragement in this passage

1. The promise of being exalted (v 6)
2. The promise of being established (v 10)
3. The prompting to face our adversary (v 8)
4. The prompting to fight our adversary (v 9)
5. The prompting to find God's care (v 7)

B. The choice with your cares

1. Let your cares control you
2. Let God control your cares

I. You Are In This Verse

Casting all your care upon Him

A. So much in this world is impersonal

1. Sign of living in a fallen world

Ecclesiastes 2:22-23

22 For what hath man of all his labour, and of the vexation of his heart, wherein he hath laboured under the sun?

23 For all his days are sorrows, and his travail grief; yea, his heart taketh not rest in the night. This is also vanity.

Psalms 127:2

It is vain for you to rise up early, to sit up late, to eat the bread of sorrows: for so he giveth his beloved sleep.

I. You Are In This Verse

Casting all your care upon Him

A. So much in this world is impersonal

2. Sign of the living in the end times

Matthew 24:7-8

7 For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places.

8 All these are the beginning of sorrows.

I. You Are In This Verse

Casting all your care upon Him

B. But God still knows you are an individual

John 10:3

**To him the porter openeth; and the sheep hear his voice:
and he calleth his own sheep by name, and leadeth them
out.**

I. You Are In This Verse

Casting all your care upon Him

C. Jesus is a personal God

Hebrews 4:15

For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.

- 1. Zacchaeus and his hiding in the tree**
- 2. The woman who touched the hem of his garment**
- 3. The children: He laid His hands on them and prayed**
- 4. Even those who were demon-possessed**

I. You Are In This Verse

God has time for you

II. Your Cares Are In This Verse

Casting all your care upon Him

A. Every care that you are carrying is in this verse

B. Cares are roadblocks to blessings

Matthew 13:22

He also that received seed among the thorns is he that heareth the word; and the care of this world, and the deceitfulness of riches, choke the word, and he becometh unfruitful.

II. Your Cares Are In This Verse

Casting all your care upon Him

C. With cares removed we can experience the joy of the Lord

Psalm 34:19

Many are the afflictions of the righteous: but the LORD delivereth him out of them all.

John 14:27

Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

II. Your Cares Are In This Verse

Casting all your care upon Him

D. The joy of the Lord is your strength (Nehemiah 8:10)

Nehemiah 8:10

Then he said unto them, Go your way, eat the fat, and drink the sweet, and send portions unto them for whom nothing is prepared: for this day is holy unto our LORD: neither be ye sorry; for the joy of the LORD is your strength.

III. Jesus Is In This Verse

Casting all your care upon Him, for He careth for You

A. No one understands like Jesus

Psalm 55:22

**Cast thy burden upon the LORD, and he shall sustain thee:
he shall never suffer the righteous to be moved.**

B. He waits to take all your cares

Matthew 11:28

**Come unto me, all ye that labour and are heavy laden, and
I will give you rest.**

Do You Wonder If He Cares?

